

NESHAMINY SOCCER—Boys'

TEAM RULES AND REGULATIONS--2023

As a member of this team, your coaches and fellow team members will expect you to abide by the following rules and regulations.

1. Comply with all PIAA and Neshaminy School District eligibility rules and regulations. This also includes "SCHOOL BOARD POLICY #510 (ALCOHOL AND OTHER DRUGS)" and the "CO-CURRICULAR SUBSTANCE ABUSE GUIDELINES."
2. TOBACCO (smoking and smokeless) use is prohibited in and out of school! VIOLATION OF THIS WILL RESULT IN IMMEDIATE DISMISSAL FROM THE TEAM!
3. ATTEND ALL PRACTICES! If practice is cancelled, for whatever reason, you will be notified via an announcement on the school intercom, Canvas or by the soccer website.
 - a. No player shall be absent from practice without calling, e-mailing or telling a coach before that practice. **DO NOT send messages with a teammate.**
 - b. Only an illness which confines you to bed is serious enough not to attend practice. If not confined to a bed, you must still attend practice.
 - c. In cases of injury, the doctor or trainer will determine if you can participate.
 - d. Notify your coach by phone or email whenever you are absent from school (215-809-7136 @ Carl Sandburg) before 10:30 and leave your name and reason for your absence. When there is no school, e-mail Coach Foley at tfoley@neshaminy.org no less than an hour before the scheduled start of practice. **Failure to comply will result in a minor penalty (sprints) for first offense, half game suspension 2nd offense, and 2 game suspension for a 3rd offense. A 4th offense will result in a permanent suspension!!**
4. Conduct yourself properly in school, in the community, and on the field because your behavior reflects on you, your parents, the team, and your coaches.
 - a. In-school or out-of-school suspension will result in **not** being permitted to practice or play in a match that day.
 - b. Missing school or practice the day before a game will result in not being permitted to play in the game. How much of the game you miss will depend on why you miss the practice. College visit, chronic illness, SAT's etc. will miss a minimum of one half of a game.
 - c. **Maintain passing grades** and **good conduct** in all classes at all times. Failure to do so will result in a ONE GAME SUSPENSION. *I do not want to hear from your teachers about poor or disrespectful behavior. If I do, playing time will be taken from you for the **first** offense. Don't get a second!!* **Grades: If you have 2 F's after IPR's are run, you WILL BE ineligible to play for one week! Non-negotiable!!**
 - d. In order to be eligible for participation in a practice or game, you must sign-in to school before 5th period (10:55 a.m.) This includes Saturday games.
 - e. Ejection (for dissent is my main concern) from a game (red card) will result in a minimum TWO GAME SUSPENSION-THIS IS a PIAA RULE AS OF 2021

- a second red card ejection will result in a minimum THREE GAME SUSPENSION; a third red card ejection will result in DISMISSAL FROM THE TEAM!
- f. A yellow card warning will result in immediate removal from the game for a cooling off - period of 5 minutes MANDATORY, possibly for the remainder of the game and could result in not starting or possibly not playing in the next game.
 - g. Yellow cards for dissent will result in an **undermined** cooling off period once the mandatory 5 minutes have expired. Your second yellow for dissent will result in in a **longer** cooling off period than the previous game. A 3rd ... let's not find out!!
 - h. You will not officiate the game; if you do you will be on the bench for undetermined amount of time. Bottom line: Unless you are our speaking captain, **you are not to speak to the referee.**
 - i. If you put anything on social media websites that significantly interferes with daily operation of the team, you will be dismissed from the team.
5. **Seniors will be responsible organizing the group in getting the necessary equipment on and off the field. At the end of practice, you will have 5 minutes to organize the equipment so it can be returned to the storage closet.**
6. Be responsible and care for all equipment issued to you, and return all equipment at the end of the season. Failure to do so will result in PAYMENT FOR ALL EQUIPMENT NOT RETURNED. Failure to have the necessary equipment for practice or a match will result in you becoming a spectator, unless you can borrow from another player.
7. HAIR must be manageable- If you can't see, your hair is probably too long. **You are not permitted to wear a headband or rubber bands.**
8. Treat all teammates, coaches, trainers, managers, equipment, opponents and officials with respect.
9. Never talk back or make excuses! **A coach is addressed is "Coach" or "Mr.".**
10. All team members must ride to and from games on the bus. NO PLAYER IS PERMITTED TO DRIVE!
11. DO NOT USE PROFANE LANGUAGE!
12. Maintain a neat and clean locker room. DO NOT leave equipment on the floor or benches.
13. In order to earn a varsity letter, a team member MUST PARTICIPATE in 40% of all halves of the games on the schedule.
14. As a team, we will attend one boys and girls sporting event in the winter and spring.
15. BEING A MEMBER OF A TEAM DOES NOT GUARANTEE PLAYING TIME IN GAMES!
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PERMISSION FORM

I fully understand all of the above rules and regulations and agree to abide by them in exchange for the privilege of being a member of the Neshaminy "Redskins" Soccer team.

Player's signature

Parent/guardian signature

